

## Welcome to the UniSA Health Medical Clinic Newsletter

### Dr Brock Edwards



Brock is a General Practice registrar, having recently returned to Adelaide after three years in Townsville. In 2012, he graduated from Flinders University and subsequently completed his internship and residency at Flinders Medical Centre (FMC). He has commenced post-graduate studies in Aviation medicine and Aeromedical retrievals, as well as completed post-graduate training in Occupational

Medicine. He has an interest in aviation, travel and emergency medicine as well as primary health care. Brock is married and has three children aged 7, 5 and 1. Outside of medicine, he has a particular interest in youth development, having worked with indigenous leadership groups, youth at risk programs and Army cadets.

### Dr Neil Stanford



Dr Neil Stanford graduated in 1989 from the UK and has been practising medicine for almost thirty years. He came to live in Australia twenty years ago, having trained as a GP. He has wide experience in all aspects of General Practice. He has worked as a GP in the north-east of Adelaide for the last 15 years. He has interests in all aspects of family medicine, particularly children, teenagers and young adults. He performs excisions of skin lesions. His easy-going manner helps put patients at ease. He is married with five teenage kids ranging from 15 to 20. He is interested in anything to do with cars and photography.

### Dr Julian Barson



Dr Julian Barson was raised in Adelaide and completed his undergraduate degrees locally before moving to Sydney to commence his medical training. Julian has practiced medicine in Sydney & Rural NSW and completed a Diploma in Child Health with the University of Sydney before commencing his General Practice specialty training back in SA.

Julian joined the UniSA Medical Clinic team in 2018 as an advanced registrar with particular interest in internal medicine, paediatrics and preventative health.

Outside of the clinic, personal time is spent doing hands on activities and spending time with his young kids.

Firstly we would like to take this time to say a very warm welcome to the newest members of our team. At City West we have Dr Brock Edwards, Dr Neil Stanford and our Registered Nurse Kaitlyn. At City East we have Dr Julian Barson.

The UniSA Health Medical Clinics have had a busy few months with our staff and student flu clinics finishing up in early August. We also have had a staff education retreat in early September, we used this retreat as an opportunity to advance our education in several areas to help provide the best care possible to our patients.

If you need an appointment please Contact 1300 172 996

The end of the year sees the clinic approach many exciting new adventures. We are having a large focus on our education and development, as well as undertaking Accreditation to make sure we are offering the best care possible to our patients.



## UniSA Health Medical Clinic

### Personal Care for a Healthy living

City East Clinic  
Centenary Building  
Cnr Frone Rd and North  
Terrace  
Adelaide 5000

City West Clinic  
HC Building  
27 North Terrace  
Adelaide 5000

Phone: 1300 172 996

Fax: 8125 6712

Email: [admin.cityeast@unisamedical.com.au](mailto:admin.cityeast@unisamedical.com.au)

UniSA Health Medical Clinic will be participating in UniTopia this year.

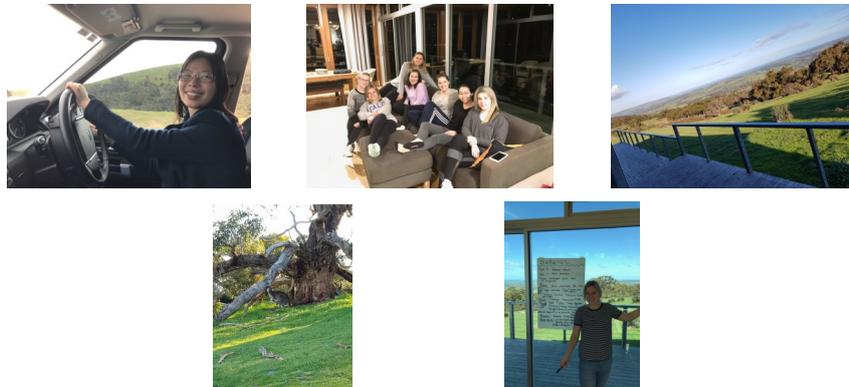
We will be attending both the City East and City West Campuses. This year we are having a focus on Sexual Health. There will be a receptionist and a Nurse on site to help with any questions and we will be able to make appointments for you to see the doctors.

There will be games, prizes and giveaways so please come down and say hello.

**UniSA Health Medical Clinic Retreat**

**September 7th– 9th**

This year UniSA health Medical Clinic had our first ever educational retreat. This was a great experience for our staff. We stayed in an Eco Cabin on the Fleurieu Peninsula . The retreat was focused on team bonding and education, with an emphasis on Health Care Plans for issues such as Asthma, PCOS, Diabetes and Metabolic Syndrome to name a few, also Mental health and Sexual health. This was an amazing experience for staff who got enjoy the beautiful and relaxing atmosphere while being educated to bring the best care to our patients.



**UniSA Health Medical Clinic**

**Upcoming Events**



**UniTopia**

City West– Tues 9/10 11am-2pm

City East– Wed 10/10 11am-2pm



**Breast Cancer Awareness Month**

1st-31st October



**World Mental Health Day**

10th October

**World Mental Health Day**

World Mental Health day was established by The Initiative of the World Federation for Mental Health and was first Celebrated in 1992. The day has been established as a day of global education and awareness. They are asking the question “What Do You See?” To Challenge the current perceptions about Mental Illness. There is a very real stigma surrounding Mental health and this can often delay treatment or cause people to not seek help at all. Mental health is not something to be ashamed of and if you are feeling low or would like someone to talk to, please contact the clinic and make an appointment.

**Breast Cancer Awareness Month**

Breast Cancer Awareness Month occurs in October every year and as the most common cancer among Australian women, this month creates an opportunity for everyone to focus on breast cancer and the effect it has on those around us. With 89 out of every 100 women diagnosed with invasive breast cancer now surviving five or more years beyond diagnosis, its survival rates in Australian women keep improving. Be breast cancer aware, and find out ways to check for changes yourself. It’s important to see your doctor if you do notice any changes. Please feel free to contact the clinic on 1300 172 996 if you have any concerns.

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